## Sabbath Truths From The Bible

- 1. God our Creator blessed the seventh day and made it holy. (Genesis 2:3.)
- 2. God sanctified the seventh day. (Exodus 20:11.)
- 3. Jesus says it was made for man (Mark 2:27), that is, for the race, as the word man is here unlimited; hence, for the Gentile as well as for the Jew.
- 4. It was given to Adam, the head of the human race. (Mark 2:27; Genesis 2:1-3.)
- 5. Hence through Adam, as our representative, to all nations. (Acts 17:26.)
- 6. The Sabbath is not a Jewish institution, for it was made over 2,000 years before ever there was a Jew.
- 7. The Bible never calls it the Jewish Sabbath, but always "the Sabbath of the Lord thy God." People should be cautious how they slander God's holy rest day.
- 8. Evident reference is made to the Sabbath and the seven-day week all throughout the patriarchal age. (Genesis 2:1-3; 8:10,12; 29:27-28. etc.)
- 9. It was a part of God's law before the God gave Moses the 10 Commandments on Mt. Sinai. (Exodus 16:4, 27-29.)
- 10. God placed it in the heart of His moral law The Ten Commandments. (Exodus 20:1-17.) God placed it there like the other nine precepts, which are all immutable?
- 11. The seventh-day Sabbath was commanded by the voice of the living God. (Deuteronomy 4:12,13.)
- 12. Then God wrote the Sabbath Commandment with His own finger. (Exodus 31:18.)
- 13. God engraved it in the enduring stone, indicating its imperishable nature. (Deuteronomy 5:22.)
- 14. The Sabbath command was sacredly preserved in the Ark of the Covenant in the holy of holies. (Deuteronomy 10:1-5.)
- 15. God destroyed the Israelites in the wilderness because they profaned the Sabbath. (Ezekiel 20:12-13.)
- 16. It is the sign of the true God and His people, by which we are to know Him. (Ezekiel 20:20.)
- 17. God promised that Jerusalem should stand forever if the Jews would honor and keep the Sabbath (Jeremiah 17:24-25.)
- 18. God sent the Jews into the Babylonian captivity for breaking it. (Nehemiah 13:18.)
- 19. God destroyed Jerusalem for violating the Sabbath. (Jeremiah 17:27.)
- 20. God has pronounced a special blessing on all the Gentiles who will honor and keep it. (Isaiah 56:6, 7.)
- 21. God's prophecy in which Gentiles will honor the Sabbath, which refers wholly to our Christian dispensation. (See Isaiah 56.)
- 22. God has promised to bless all who keep the Sabbath. (Isaiah 56:2.)
- 23. After the holy Sabbath has been trodden down "many generations," it is to be restored in the last days. (Isaiah 58:12-13.)
- 24. The Lord requires us to call the Sabbath "honourable". (Isaiah 58:13.)
- 25. Jesus kept the seventh day all His life. (Luke 4:16; John 15:10.) Thus He followed His Father's example at creation. Shall we not be safe

- in following the example of both the Father and the Son?
- 26. Jesus said He was "Lord of the Sabbath" (Mark 2:28).
- 27. The seventh day is the Lord's Day. (Revelation 1:10; Isaiah 58:13; Exodus 20:10.)
- 28. Jesus vindicated the Sabbath as a merciful institution designed for man's good. (Mark 2:23-28.)
- 29. Instead of abolishing the Sabbath, Jesus carefully taught how it should be observed. (Matthew 12:1-13.)
- 30. Jesus taught His disciples that they should do nothing on the Sabbath day but that which was "lawful" (Matthew 12:12.)
- 31. Jesus instructed His apostles that the Sabbath should be prayerfully regarded even forty years after His resurrection. (Matthew 24:20.)
- 32. Paul, the apostle to the Gentiles, preaches on the Sabbath day in A.D. 45. (Acts 13:27.) Shall we believe modern teachers, who affirm that the Apostles ceased to worship on the Sabbath Day after the resurrection of Christ?
- 33. Decades after Christ's resurrection, the Holy Spirit through Paul expressly calls it "the Sabbath day," (Acts 13:14-42.)
- 34. Luke, the inspired Christian historian, writing as late as A.D. 62, calls it the "Sabbath day." (Acts 13:44.)
- 35. The Gentile converts called it the Sabbath. (Acts 13:42.)
- 36. In the great Christian council, A.D. 49. In the presence of the apostles and thousands of disciples, James calls it the "Sabbath day." (Acts 15:21.)
- 38. It was customary to hold prayer meetings on the Sabbath day. (Acts 16:13.)
- 39. Paul read the Scriptures in public meetings on the Sabbath day. (Acts 17:2-3.)
- 40. It was Paul's custom to preach on the Sabbath day. (Acts 17:2-3.)
- 41. The Book of Acts alone gives a record of his holding eighty-four meetings upon that day. (See Acts 13:14, 44: 16:13; 17:2; 18:4, 11.)
- 42. There was never any dispute between the Christians and the Jews about the Sabbath day. This is proof that the Christians still observed the same day that the Jews did.
- 43. In all the Jewish leaders accusations against Paul, they never charged him with disregarding the Sabbath day.
- 44. Paul himself expressly declared that he had kept God's law. "Neither against the law of the Jews, neither against the temple, nor yet against Caesar, have I offended any thing at all." Acts 25:8. How could this be true if he had not kept the Sabbath?
- 45. The Sabbath is mentioned in the New Testament fifty-nine times, and always with respect, bearing the same title it had in the Old Testament.
- 46. Not a word is said anywhere in the New Testament about the Sabbath's being abolished, done away, changed, or anything of the kind.
- 47. There is no record that God has ever removed His blessing or sanctification from the seventh day Sabbath.
- 48. As the Sabbath was kept in Eden before the fall, so it will be observed eternally in the new earth. (Isaiah 66:22-23.)